

You're covered

At ease with the disease

Salutogenesis among people living with diagnosed Parkinson's Disease

BACKGROUND

Salutogenesis focuses on the underlying assets and resources for positive health and health-promoting processes. It is understood to be a broad approach that includes multiple theories and concepts about health & well-being at the individual and collective levels. There has been increasing research in this area in the general population, however the concept of salutogenesis remains relatively underexplored among those living with chronic conditions such as Parkinson's disease. There is a need to focus on this research area particularly as the incidence of chronic progressive neurological diseases like Parkinson's disease increase. To date much of the research into Parkinson's has adopted a biomedical approach, focussed on understanding the underlying pathogenesis, risk factors and clinical management of the disease.

RESULTS

A total of 32 published articles were included in the final analysis. Key themes identified included resilience, family dynamics, caregiver relationship, self-management, emotional stability, optimism, and communication.

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METHOD

A scoping review was done to examine emerging evidence surrounding salutogenesis in the Parkinson's community. A systematic literature search was then conducted across the MEDLINE database using 20 keywords from Lindström and Eriksson's salutogenic umbrella. Key search terms included: empathy, empowerment, coping, humour, optimism, flourishing, as well as Parkinsonian disorders and related terms. No restrictions with regard to country, age, or gender were applied. Results were screened for eligibility by ensuring abstract content indicated relevant content to both salutogenesis and Parkinson's disease. A full-text screening was employed to further narrow down the number of results to include only those relevant to the topic. A thematic analysis was applied on the final set of literature to identify key themes and categories from the resulting literature.

CONCLUSION

The results of our literature search indicate there is a need for further research, policy and practice from a salutogenic perspective, when it comes to positive health & well-being among people living with Parkinson's disease.

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